

# REUVEN REVIEW

YOUR WINDOW INTO THE WORLD OF YESHIVA KETANA OHR REUVEN..

יא' סיון תשע"ט

פרשת נשא

8:12 p.m.

Vol. 6 Issue #30 June 14, 2019



Full Pushka!  
Mrs. Nadav, Pre1a



Enthusiastic to Learn  
Rabbi Weissman, Second Grade

## MAY HONOR ROLL STUDENTS

### Grade 6:

Eliezer David Baldinger, Shlomo Bessler, Chanoch Book, Elisha Dear, Yisroel Yonah Feiner, Yaakov Meir Gilden, Shloimy Goldstein, Chaim Gavriel Herskovich, David Kurzmann, Yaakov Levy, Moshe Lorber, Ari Maimon, Yehuda Metal, Moshe Newhouse, Daniel Peikes, Dawi Robinson, Tzvi Schwab, Daniel Silber, Yosef Warum, Bentzi Weiss, Tzvi Weltin

### Grade 7:

Yehuda Berman, Moshe Tzvi Czeglédi, Aron Drel, Ezra Yehudah Gold, Shlomo Zalman Gottlieb, Shalom Gavriel Gross, Yaakov Koegel, Dov Aharon Yehuda Morell, Moshe Needleman, Daniel Robinson, Yehuda Baruch Saperstein, Yosef Saragossi

### Grade 8:

Mayer Friedman, Moishy Herman, Dov Ives, Elchonon Zalman Kamensky, Tzvi Karp, Yehuda Lichstein, Sholom Mordechai Mause, Rafi Perry, Daniel Rosen, Yaakov Stamm





*Experimenting with Safrus  
Mrs. Nadav, Pre 1a*

## GOING TO THE DOCTOR BEFORE CAMP?

Please make sure to review the Message from the Nurse's Office in the Registration Packet that was emailed (and is available online) to see if your son needs any updated health records or immunizations before the start of the next school year.

Please send the updated medical forms to [businessoffice@ohrreuen.com](mailto:businessoffice@ohrreuen.com) so as not to delay receiving your admin cards.

in the summer.

Thank you!



*Trip to Orchard Hill  
Rabbi Prupas, Seventh Grade*



### Mazel Tov

**Rabbi and Mrs. Lazar, General Studies Teacher on the birth of a son**

**Dovid (alumnus) on the birth of his son**

4 Zevy Deutsch, Dani Maimon



### REGISTRATION FORMS - DUE JULY 1st

Thank you to all the parents who already submitted their completed registration forms for the upcoming school year! If you have not yet completed registration, please send it in to the Business Office as soon as possible.

If you have any questions, please contact the Business Office at [businessoffice@ohrreuen.com](mailto:businessoffice@ohrreuen.com) or 845.362.8362, x.108.

The business office will be **CLOSED** from June 24-28, but will be **OPEN** throughout most of the summer, Monday through Thursday 9:45-1:30.

### A Peek Into Yeshiva Ketana's Upcoming Events

- Sunday, June 16th** ~ Siyum Mishnayos Breakfast 6-8 -7:45am
- 2nd grade Siyum Hashana - 11:00am
- Project Based Learning Fair - 11:30am
- Monday, June 17th** ~ Honors Dinner - 6:45pm
- Tuesday, June 18th** ~ Last day of preschool
- Dismissal K: 12:00pm
- Hasmadah Program Ice Skating Trip to Sport-o-Rama
- Wednesday, June 19th** ~ Eighth Grade Graduation - 7:15pm
- Thursday, June 20th** ~ Last day of sessions -
- Dismissal 1-8 - 1:00pm



# Parenting in the Parsha

## פרשת נשא Good Habits

כָּל־יָמֵי הַדִּירֹה לֹה' עַל־נֶפֶשׁ מֵת לֹא יָבֹא: לְאָבִיו וּלְאִמּוֹ לְאָחִיו וּלְאֶחָתוֹ לֹא־יִטְמָא לָהֶם בְּמֵתָם כִּי גִזַּר אֱלֹהֵי־יִי עַל־רֹאשׁוֹ:  
Throughout the term that he has set apart for the L-RD, he shall not go in where there is a dead person. Even if his father or mother, or his brother or sister should die, he must not defile himself for them, since hair set apart for his God is upon his head:

דתניא רבי אומר למה נסמכה פרשת נזיר לפרשת סוטה לומר לך שכל הרואה סוטה בקלקולה יזיר עצמו מן היין  
Rabbi Yehuda HaNasi says: Why is the portion of a nazirite placed adjacent to the portion of a *sota*? This was done to tell you that anyone who sees a *sota* in her disgrace should renounce wine

- Sotah 2a

Most of the time, what we do is what we do most of the time.

- Charles Duhigg - The Power of Habit

One of the three restrictions that are incumbent upon a *nazir* is the prohibition to expose himself to *tumas meis*. In this regard, the *nazir* is akin to the *Kohen gadol*. He, too, is barred from exposure to *tumah* even for the burial of the seven close relatives for whom a regular *Kohen* can and must make himself *tamei*. That parallel rule is laid out in the *possuk* that specifies that the *nazir* may not become *tamei* for his father, his mother, brother, or sister. It is worth noting that although the *nazir* is equally barred from becoming *tamei* for his wife or children, they are conspicuously absent from the list of relatives in the *possuk*. Why?

Rav Yaakov Kamenetsky offers a beautiful perspective on the nature of *nezirus* to resolve this anomaly. He points out how the *chachomim* view a vow of *nezirus* as a short-term boot camp designed to distance one from bad habits that can lead to trouble. As the *gemara* informs us, he who has seen the disgraced *sotah* should refrain from wine. As such, Reb Yaakov suggests that *nezirus* was largely the domain of the youth who are more capable of effecting long term change in their habits, as opposed to older people whose habits are more entrenched and harder to change. The *Torah* therefore omitted any mention of wives or children since most *nezirim* would be young, single males.

Reb Yaakov's observation carries a powerful message for us as parents. Our children are a blank canvas on which we have the opportunity to paint the habits for success that will carry them through a lifetime. Our job is to cultivate those habits.

In his fabulous book, *The Power of Habit*, Charles Duhigg lays out the feedback loop that underlies all habits. In very brief, all our habits are triggered by a cue that drives us to a familiar routine and leads to a reward at the end of that routine. For example, many people tend to wander off to the office kitchen or home pantry when they are in the middle of work (as I am doing while

writing this). The cue may be hunger, but is usually boredom or fatigue. The habit is the trip to the pantry where the cookie or cracker provides the reward in the form of the joy of eating. The irony is that hunger wasn't even the problem we were trying to solve to begin with.

Duhigg, in great detail, supported by extensive, research shows how we can break bad habits and form good ones by focusing on the cues that drive our behavior and changing the routine to a healthy one that provides the reward that will satisfy the need that drove the behavior to begin with. In the above example, Duhigg suggests trying a brief walk outside, a healthy way to alleviate the boredom and fatigue of continuous work.

For our young children, our job should be much easier if we do it correctly, because we can start them off by forming good habits, rather than trying to correct bad ones. The formula for cultivating good habits is the same. We need to identify the behaviors that we want to see our children become habituated to, create the cue for that behavior and build in the associated reward.

Nightly tooth brushing is a habit that we all want our kids to adopt. If we establish a set nightly cue, either by a verbal reminder, and alarm, or some other reliable constant, and offer a minor reward for following through on the task, the child becomes accustomed to brushing his teeth as a matter of routine. The reward can and should be minor (think stickers on a chart, checks in a box) and soon the child will shift to following through for the reward of parent approval and then for the intrinsic reward of the satisfaction of fulfilling a responsibility.

In all areas, we can identify and foster the habits that will lead our kids to be successful children who will then blossom into successful adults.

Good Shabbos,  
*Rabbi Yisroel Gottlieb*



Name: \_\_\_\_\_ Grade: \_\_\_\_\_ פרשת

# ...PRECIOUS PARSHA PEARLS...

The Three Rs in the פרשה

## RESPECT

## RESPONSIBILITY

## RUACH

## HOW CAN I FOLLOW THE EXAMPLE IN THE PARSHA?



פרשת צשא  
שנים מקרא ואחד תרגום



*This weeks program is  
In honor of the amazing  
Hanhalla, Rabbeim, Teachers,  
and Administrative staff  
that enable YKOR to be  
the wonderful yeshiva it is!!  
Thank you for all you do!*

**We are already accepting  
sponsorships for next year.**

Please help support this wonderful program.

**Monthly (4 weeks) sponsorship: \$275**

**One week full sponsorship: \$75**

**One week partial sponsorship: \$40**

To sponsor a פרשה  
please contact Rabbi Plotzker.

First

Last

Name of תלמיד (Please Print Clearly)

Class: (Please Check One)

- ☐ 1<sup>st</sup> Grade – 5 פסוקים
- ☐ 2<sup>nd</sup> Grade – 10 פסוקים
- ☐ 3<sup>rd</sup> Grade – 15 פסוקים
- ☐ 4<sup>th</sup> Grade – 20 פסוקים
- ☐ 5<sup>th</sup> Grade – 25 פסוקים
- ☐ 6<sup>th</sup> Grade – 30 פסוקים
- ☐ 7<sup>th</sup> Grade – 40 פסוקים
- ☐ 8<sup>th</sup> Grade – The whole פרשה

My son completed שנים מקרא ואחד תרגום for  
this פרשה in the amount specified for his class.

Parent's signature

\_\_\_\_\_

Machzikei Torah  
Zichron Yitzchak



מחזיקי תורה  
זכרון יצחק

# LEARNING PROGRAM

## Erev Shabbos & Shabbos



ALL  
LEARNING  
COUNTS!

שנים מקרא ואחד תרגום

*Raffle*

Grades 1-2: Until שני

Grades 3-4: Until שלישי

Grades 5-6: Until רביעי

Grades 7-8: Whole פרשה

לז"נ הרב ירחמיאל שלום  
משה בן הרב ישראל זצ"ל  
מגיד שיעור - ישיבה דרך חיים

**GRAND RAFFLE  
ON JUNE 18, 2019**

IN ADDITION THERE WILL BE A  
WEEKLY RAFFLE  
FOR A \$25 GIFT CARD

שבת פרשת

Name \_\_\_\_\_

Yeshiva \_\_\_\_\_ Grade \_\_\_\_\_

Phone \_\_\_\_\_ Parent's Signature \_\_\_\_\_

**Please fill in the information below clearly:**

☐ Learned 15 minutes  
on Erev Shabbos

☐ Learned on Shabbos  
(Grades 1-4) 15 minutes / (Grades 5-8) 30 minutes

☐ Learned שנים מקרא  
ואחד תרגום

First time participants should also fill out the information below:

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Completed forms must be received by June 14th to be included in the raffle.

Completed forms should be faxed to 646-595-2402 or emailed to [egoldberg417@gmail.com](mailto:egoldberg417@gmail.com).

**Grand raffle will take place on June 18, 2019**

**50 PRIZES WILL BE RAFFLED OFF!!**

For more information or for sponsorship opportunities please call  
Rabbi Eliyohu Goldberg 347.420.0906 or email [egoldberg417@gmail.com](mailto:egoldberg417@gmail.com)

**LAST WEEK'S WINNER:**

**MOSHE WELZ**

**YESHIVA  
CHASAN SOFER**