



OHR REUVEN אור ראובן  
YESHIVA KETANA

## UPCOMING EVENTS

#Hashemisincontrol

Friday, May 8, 2020

No Sessions  
Torah Umesorah Convention

Tuesday, May 12, 2020

Lag B'Omar

Monday, May 25, 2020

Legal Holiday-  
No Transportation-  
Arrival: K-5: 9 AM, 6-8: 8 AM  
Dismissal: 12:45 PM

Thursday, May 28, 2020

Erv Shavuot  
Dismissal: K: 12 PM, P-8: 1 PM

Friday, May 29, 2020

No Sessions  
Shavuot

## IMPORTANT NOTES

In case of inclement  
weather, please call the  
Yeshiva Ketana message  
line: **845.362.8362,**

**x 199.** (The Mesivta message  
line is 845.362.8362 x 198)

# REUVEN REVIEW

YOUR WINDOW INTO THE WORLD OF YESHIVA KETANA OHR REUVEN

Vol. 7 Issue #23

March 20, 2020

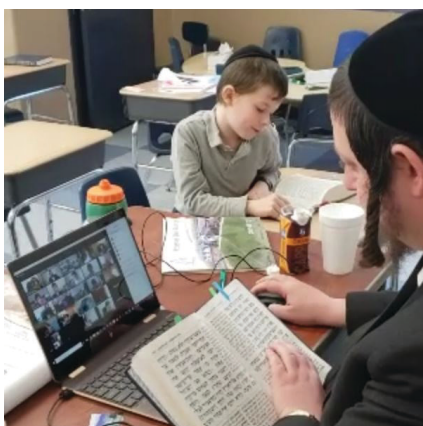
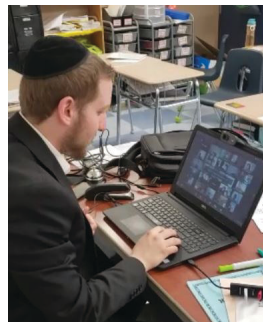
6:51 pm

כד אדר תש"פ

פרשת ויקהל-פקודי

## Yeshiva Ketana Ohr Reuven - Remote Learning!

Please send in a picture of your son learning at home to  
[pictures@ohrreuven.com](mailto:pictures@ohrreuven.com)!



259 Grandview Avenue Suffern, NY 10901  
845.362.8362 [www.ohrreuven.com](http://www.ohrreuven.com)

*From Kindergarten to Kollel and Beyond!*  
Yeshiva Ketana | Mesivta | Beis Medrash | Kollel | Alumni

## PARENT FEEDBACK

**Thank you to all the parents who sent in emails and messages with positive feedback about the remote learning program. It gives chizuk to the Rebbeim, teachers and administrators!  
Thank You!**

*"I wanted to tell you a big Yasher koach for transitioning to a new way of learning without even skipping one day! I am amazed and so inspired at the way the administration responded to the situation so calmly and professionally.  
May the Torah learning be a zechus for health"*

*"Ka" h we have six kids in six different schools and the way Ykor has responded so quickly and has been dealing with all of this In such a constructive way is extremely impressive. It certainly helps tremendously to have structure and continued learning for the boys. It's also very exciting for all of the siblings to watch;) Much hatzlocha navigating the rest. Iyh they should all be back in yeshiva in good health"*

"Kol Hakavod to you and your remarkable rebbeim. I am watching my children in their shiurim with their rebbeim and classmates together. The rebbeim are full of life and enthusiasm and there is real learning going on. We are fortunate to be part of such and incredible yeshiva.  
A grateful parent "

*"Just wanted to thank you for setting up the zoom learning..I'm sure it entailed lots of effort but it's working out so well BH!  
And it makes a huge difference in the day.  
Thank you again"*

"Just wanted to say how impressed I am with how quick the school figured out a solution. It's incredible to hear the boys learning from home. It really gives us chizuk at such a hard and confusing time.  
Thank you very much!"



**Yeshiva Ketana Lost & Found - new location near the shul/lunchroom!**

### MAZEL TOV!

Mazel tov to Eli Fleischer (7) upon the birth of a new sister!

### HAPPY BIRTHDAY!

Shmuel Selesky, 1st grade  
Daniel Stern, 2nd grade  
Shalom Yaakov Frances, 8th grade  
Yosef Isaacson, 8th grade

## KINDERGARTEN ADMISSIONS FOR YOR STAFF, PARENTS & ALUMNI

You are already members of the Ohr Reuven family, and at Ohr Reuven, family comes first. Kindergarten Admissions is now open exclusively for the YOR family for the 2021-2022 school year. If you have a son that was born between December 1, 2016 and November 30, 2017 you can apply at [ohrreuven.com/elementary](http://ohrreuven.com/elementary).

## ויקהל Anger Management

לא תבערו אש בכל מושבותיכם ביום הבת: (פ)

You shall kindle no fire throughout your settlements on the Sabbath day.

לא תבערו אש בכל מושבותיכם ביום השבת (שמות לה, ג) רומז לאש המחלוקת ואש הכעס שצריך האדם לזוהר שלא לבער אותו עולמית, ומכל שכן ביום השבת קודש שאין בוער בו אש של גיהנם. והכועס בשבת או עושה מחלוקת ח"ו גורם להיות חמת הגיהנם בוער בו בר מיין:

The word "fire" here is an allusion to the destructive fire engendered by strife and anger. One needs to be careful not to allow oneself to become angry so that the fire of that hatred should not consume one. The "fire" is an allusion to the fire of purgatory that one would suffer from as a result.

-Shelah

והסר כעס מלבך והעבר רעה מבשרך

and banish anger from your mind, and pluck sorrow out of your flesh!

-Koheles 11:10

כל הכועס כל מיני גיהנם שולטין בו שנאמר והסר כעס מלבך והעבר רעה מבשרך ואין רעה אלא גיהנם שנאמר כל פעל ה' למענהו וגם רשע ליום רעה

Anyone who gets angry, all kinds of Gehenom rule over him, as it is stated: "Therefore remove anger from your heart and put away evil from your flesh"

-Nedarim 22a

There are two things a person should never be angry at, what they can help, and what they cannot.

-Plato

The Ramba"m, in the fourth chapter of the *Shemone Perakim*, his seminal introduction to *Pirkei Avos*, lays out a sweeping view of the world and of our character traits. In the Rambam's Aristotelian perspective, the Torah demands of us to always follow the middle path between polar extremes of character. For example, the Ramba"m writes that one should be neither a spendthrift nor a wastrel, but should find the middle path between these extremes.

The Ramba"m notes that there are indications in *chaza"l* that sometimes seem to call for conduct towards one extreme. He explains that anytime *chaza"l* seem to be guiding us to one extreme, that is merely a recovery program for one who is already veering toward the opposite extreme to bring him back to the middle, the Golden Mean.

But, the Ramba"m has two exceptions: arrogance and anger. In these two traits, the Ramba"m feels that one needs to stake

out an extreme position that keeps him far from arrogance and a good distance from anger. These are traits that are simply too dangerous. Playing with anger is like playing with fire.

The *Zohar* tells us that we must be extra careful in avoiding anger on Shabbos, interpreting the fire that we are forbidden to burn as the fire of anger. There is a unique relationship between anger and Shabbos. Anger is the outgrowth of the frustration that we feel when there is a gap between the way that we believe things should go and the way they actually do go. No one is angry when things go the way they want them to go.

Shabbos is our declaration that there is a G-d who created the world and continues running that world according to His will. Everything goes as He wants them to go. Always. Shabbos and anger are incompatible. Becoming angry is a declaration that one is unhappy with the way things are going. It is, in essence,

a denial of the fact that everything is going according to G-d's plan. We must be exceedingly cautious in avoiding anger on Shabbos.

The frustration that boils over to anger can be particularly acute in young children. Kids have little control over most aspects of their lives and are often on the cusp of frustration and anger as they try to take control where they can. Anger is their natural, emotional reaction. It's also potentially harmful, and it's our job to help them overcome their anger and their tendencies to become angry.

The number one rule in parenting is to start with yourself. Children mirror our actions and emotions. If we become angry and act out of anger, they will too. We need to learn to count to ten ourselves before we teach our children to count to ten. Anger begets anger. Calm begets calm.

Thomas Jefferson once said, "When angry count to ten before you speak. If very angry, count to one hundred." It is sage advice. Children need to be conditioned to count to whatever number they need to that will allow them to act calmly and rationally.

Don't tell an angry child (or adult) to calm down. There is no better way to turn anger into rage than telling the angry person to calm down. In the moment, support, distract, and diffuse. Support by validating the concerns that have him upset. You don't have to agree with the concern, but you can validate that you understand why he is upset. Distract by shifting focus and attention to something more benign. When all else fails, simply give the child space to be angry and upset. Conversations about how to deal with anger must take place when everyone is calm, relaxed and composed. Then you can discuss with the child what to do when he feels anger overtaking him.

Help your child become aware of his own emotions. Make him sensitive and attuned to the signs that he is becoming angry so he can head off the emotion and/ or remove himself from the situation. Catch him catching himself and praise him for it.

Anger is a fire that can burn everything in its path. Give your children the tools to be firefighters.

*Good Shabbos,  
Rabbi Yisroel Gottlieb  
Principal*



פרשיות ויקהל ופקודי  
שנים מקרא ואחד תרגום



This weeks program  
is sponsored by Mr. & Mrs. S. Pollak

לע"נ  
ר' עזריאל  
בן  
ר' חיים ז"ל

whose yahrzeit is אדר ב'

May the זכות of the learning generated by this  
program be a זכות for him לנצח נצחים.

**Many פרשיות of this year**

**are still available for sponsorship!**

Please help support this wonderful program.

Sponsor a week in honor of a שמחה, a birthday,  
in memory of a loved one, or for any reason at all!

**To sponsor a פרשה please contact Rabbi Plotzker.**

**bplotzker@ohrreuven.com**

First

Last

Name of תלמיד (Please Print Clearly)

Class: (Please Check One)

- ☐ 2<sup>nd</sup> Grade – 10 פסוקים
- ☐ 3<sup>rd</sup> Grade – 15 פסוקים
- ☐ 4<sup>th</sup> Grade – 20 פסוקים
- ☐ 5<sup>th</sup> Grade – 25 פסוקים
- ☐ 6<sup>th</sup> Grade – 30 פסוקים
- ☐ 7<sup>th</sup> Grade – 50 פסוקים
- ☐ 8<sup>th</sup> Grade – The complete פרשה

My son completed שנים מקרא ואחד תרגום for  
this פרשה in the amount specified for his class.

Parent's signature

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