

UPCOMING EVENTS

Monday January 15, 2024

Dismissal K-8: 3:00PM General Studies Teacher In-Service

January 24, 2024

Dismissal K: 12:00

P-8:12:30

No Suffern Central Transportation

Thursday - Monday January 25-29, 2024

Mid-Winter Vacation K-8 No Sessions

February 11, 2024

5th grade Hascholas Gemarah

SAVE THE DATE!

Nshei Tea February 3rd

REUVEN BEUVEN POUR WINDOW INTO THE WORLD OF YESHIVA KETANA OHR REUVEN

Vol. 11 Issue 16

January 12, 2024

4:30 PM

פרשת וארא



Rabbi Horowitz's 3rd grade making a Siyum on פרשת וישלח



K1 learning hands on about the makes



Rabbi Peikes' 8th grade on their davening reward trip



Rabbi Kohn's 6th grade watching a special video presentation for Rav Gifter zt''l yartzeit



Thank you to the Nshei for the Rosh chodesh treats!



Number sense using 10 Frames and Stickers with Mrs. Radzik



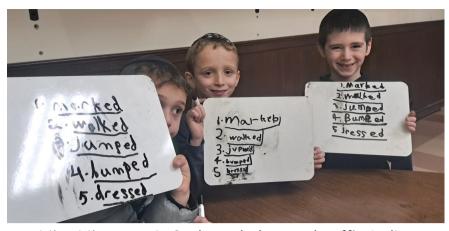




In the snow!

HAPPY BIRTHDAY!

Tzvi Dunner, 6th
Aryeh Dovid Kurtz, 4th
Davey Schiller, 3rd
Eli Wassner, 4th



Miss Mitzmann's 2nd grade learned suffix 'ed'





Mr. Freedman's class having fun in math.

MAZEL TOV!

Pinny Needleman on the birth of his nephew!

Eliyahu Margulies on his Bar Mitzvah!

Moshe Zlotnick on his Bar Mitzvah!

Dovi Leff on his Bar Mitzvah!

Meir Zisman (YK alumnus) on his engagement

to Jenna Grossman!

Ari Zisman on his brother's engagement!

Morah Minya Bessler on her wedding!

Tzvi & Benny Nuehauser on the birth of their nephew!

PARENTING & PARSHA



וארא

In No Mood to Listen

וידבר משה כן אל־בני ישראל ולא שמעו אל־משה מקצר רוח ומעבדה קשה But when Moses told this to the Israelites, they would not listen to Moses, their spirits crushed by cruel bondage.

רבי שמעון בן אלעזר אומר, אל תרצה את חברך בשעת כעסו Rabbi Shimon ben Elazar says: Do not assuage the anger of your friend at the time of his anger;

Avos 4:18

אל תרצה את חבירך בשעת כעסו כי לא יועיל ולא יתרצה ואולי יוסיף על חטאתו פשע ויכעוס יותר Because it won't help and he will not be appeased and perhaps he will add to his sin by becoming angrier - Midrash Shmuel on Avos

When you're feeling tired or sad, hills actually look steeper

Inverse.com December 24, 2015

A growing body of psychological research indicates that our emotional state has a direct impact on how our senses perceive the world. The novel concept of this research is that our mood doesn't just affect how we interpret what we see or hear, it actually affects what we see and hear!

We tend to think of our sense of sight as basically a camera that is constantly taking in images of the world around us, exactly as they appear, for our brains to do what they will with those images. Likewise, we think of our hearing as a recording device that picks up all the sounds around us and transmits them to our brains, as is. This body of research reveals that our eyes and ears are tied to our mental state, and we will actually see and hear things differently depending on our mood.

The emotional state of the *b'nei Yisroel* after the increased demands by Paroh does not allow them to attend to the same information which they were able to hear earlier. It's not simply

that they refuse to listen, or choose fear and hopelessness over the chance for redemption. It is that they are now in an emotional state that makes it impossible for them to hear anything else.

The Mishna in Avos cautions us that if we try to address a person's state of anger while he is still angry, that attempt will fail, and may even make things worse. When one is agonizing in the immediate aftermath of the death of a loved one, that would not be a time to offer words of comfort. We cannot force people's emotional states, but must allow them the time and space to become emotionally capable of listening.

What is true for adults is doubly true for children. Kids are ruled by emotion in much greater measure than adults. The prefrontal cortex of the brain that acts as the logic and reason check on our limbic system, the seat of our emotions, does not fully develop until adulthood. Children are far less capable than adults of getting hold of

Rabbi Yisroel Gottlieb

PARENTING & PARSHA



their emotions and using reason to control those emotions.

What does that mean for parents? Many times, parents find themselves dealing with a child in an excited emotional state (think child in tantrum mode) and the parent wants to resolve the issue, or at least control the behavior. Because of that, parents will often resort to an ever increasing series of threats, punishments, and consequences to no avail. When the child is not emotionally ready to listen, any threat we make or consequence we impose is only going to further frustrate and anger the child, not resolve the issue.

What should one do? Give the child time and space to calm himself down. Do what you can to help soothe the child (saying "calm down" has never calmed anyone down). Sometimes, something as simple as getting the child a glass of water will help shift his focus and calm him down. Be the voice of calm and reason and he will reflect your emotional state. Just remember, when your child is in a poor emotional state, the hills of life will appear mighty tall to him. Yelling at him to climb them will only make them seem taller.



NSHEI YKOR INVITES ALL
MOTHERS & STAFF MEMBERS TO
JOIN US FOR OUR ANNUAL

NSHELTEA

AUCTION



ונשמרתם מאד נפשותיכם

MIND BODY &SOUL

MOTZEI SHABBOS, FEBRUARY 3, 2024 AT 8:30PM

AT THE HOME OF MICHELLE & LEVI MULLER 17 DEERWOOD ROAD

Words of Inspiration
FROM YKOR PARENT,
Dr. Malky Mayerfeld





Harav Bezalel Rudinsky

Harav Benzion Brodie s'GAN ROSH HAYESHIVA

> Rabbi Ari Medetsky MENAHEL, MESIVTA

Rabbi Yosef B. Rawicki
MENAHEL, YESHIVA KETANA

Rabbi Y. Bentzion Bamberger MASHGIACH

Rabbi Raphael Vilinsky S'GAN MENAHEL, MESIVTA

Mr. Boruch Rudinsky PRINCIPAL, MESIVTA

Rabbi Yisroel Gottlieb PRINCIPAL, YESHIVA KETANA ASSOCIATE PRINCIPAL, MESIVTA

Rabbi Boruch Vann ASSISTANT PRINCIPAL, MESIVTA

Mrs. Shani Plotzker
PRESCHOOL DIRECTOR
STUDENT SERVICES, LOWER ELEMENTARY

Dovid Yoseph Berman EXECUTIVE DIRECTOR

Mrs. Nechama Weitz DIRECTOR OF ADMISSIONS Dear Yeshiva Ketana Ohr Reuven Parents,

We hope this message finds you well. We appreciate your continued cooperation and support in ensuring the safety and well-being of our students at Yeshiva Ketana Ohr Reuven.

We are writing to inform you of school policy regarding late arrivals. Please be aware that any elementary or preschool child arriving after 9:00 am must use the front entrance exclusively. It is crucial for the safety and security of our students that this procedure is followed diligently.

Late arrivals must be logged into our school computer system, for all students, and we kindly request that parents register with the school secretary upon arrival to confirm their child's tardiness. This process is essential for maintaining accurate records and ensuring the safety of all our students.

Please be advised that the back entrance is designated for staff use only and is not to be used by students or parents. We appreciate your understanding and cooperation in adhering to this policy.

If you have any concerns or questions regarding this update, please feel free to contact the school office.

Thank you for your cooperation and commitment to the safety of our students.

Rabbi Yosef B. Rawicki Menahel Rabbi Yisroel Gottlieb
Principal

Mrs. Shani Plotzker
Preschool Director
Student Services
Grades 1-5

Chinuch for Life

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F. 845.352.9593
office@ohrreuven.com



פרשת וארא



This weeks שנים מקרא ואחד תרגום program
is
not
yet
sponsored

THE REST of the פרשיות of this year are still available for sponsorship! Please help support this wonderful program.

Monthly (4 weeks) sponsorship: \$220
One week full sponsorship: \$60

One week partial sponsorship: \$35

To sponsor a פרשה please contact Rabbi Plotzker.

First Last
Name of Trucky (Planes Drint Clarity)
Name of תלמיד (Please Print Clearly)
!!WEEKLY PRIZES!!
\square 1 $^{ m st}$ Grade – 5 פסוקים
\square 2 nd Grade – 10 פסוקים
\square 3 rd Grade – פסוקים 3
\square 4 th Grade – 20 פסוקים
\square 5 th Grade – 25 פסוקים
\square 6 th Grade – 30 פסוקים
\square 7 th Grade – 40 פסוקים
\square 8 th Grade – סוקים 20
My son completed שנים מקרא ואחד תרגום for this פרשה in the amount specified for his class.
\square Bonus: Did double the grade required amount!
Parent's signature

