

UPCOMING EVENTS

Monday January 15, 2024

Dismissal K-8: 3:00PM General Studies Teacher In-Service

Wednesday
January 24, 2024

Dismissal K: 12:00 P-8:12:30

No Suffern Central Transportation

Thursday - Monday January 25-29, 2024

Mid-Winter Vacation K-8 No Sessions

PLEASE CHECK THE LOST & FOUND FOR YOUR SON'S MISSING ITEMS!

REUVEN POUR WINDOW INTO THE WORLD OF YESHIVA KETANA OHR REUVEN

Vol. 11 Issue 15

January 5, 2024

4:23 PM

פרשת שמות





Rabbi Biller's 2nd graders learned that a person's happy feelings are like an inflated balloon that can be deflated by one mean word.





Mr. Amsel, Mordechai's father, teaching the 5th grade about the Constitution



An early foggy morning at YOR



Rabbi Dovid Apter giving a shmuess on Asarah B'Teves





Mrs. Friedmans reading group's Chanuka writing



Morah Tova's Pre1a class having Kovah(hat) day for learning Kaf

HAPPY BIRTHDAY!

Yishai Beller, 3rd

Daniel Gotesman, 6th

Dovi Leff, 7th

Eliyahu Margulies, 7th

Yosef Ahron Steinman, 3rd

Asher Stern, 1st



1st Grade Reading Enrichment with Mrs. Radzik



Mrs Trout's 1st grade working on math color-by-number



YKOR 3rd graders shteiging at Avos Ubanim at the Summit Park shul



Post shacharis shiur, given by 8th grader Ahron Becker, in Talmud Yerushalmi!

MAZEL TOV!

Avi Newhouse on the birth of his niece!

PARENTING & PARSHA



שמות

Power Failure

וכאשר יענו אתו כן ירבה וכן יפרץ ויקצו מפני בני ישראל But the more they were oppressed, the more they increased and spread out, so that the [Egyptians] came to dread the Israelites.

וכאשר,וכ"ז לא הועיל לא לענין הרבוי כי כן ירבה, ולא לענין חוזק גופם כי כן יפרוץ,ומאז ויקוצו מפני בני ישראל,שתחלה לא שנאו אותם והיה עצתם רק שלא יעלו מארצם לעת מצוא, אבל אח"כ קצו מפניהם ומאסו אותם

And none of this helped, not with regard to the multiplication, for "so did they multiply" and not with regard to the strength of their bodies for "so they spread out" and from then, 'they dreaded the *bnei Yisroel*" for initially they did not hate them and their plot was just that they should not exit the land when possible, but after they despised them and were repulsed by them.

Malbim

A lot of us were raised by parents who were more oriented toward power and control. If they start moving toward collaboration and influence, they feel like they're losing control, but the reality is they didn't have control in the first place.

-Ross W. Greene, Raising Human Beings

Ross W. Greene is a noted child psychologist, author, and expert on dealing with challenging behavior in children. After numerous written works, lectures, and seminars on his revolutionary approach for educators dealing with challenging behavior in the school setting, Dr. Greene recently published a companion guide for parents, titled "Raising Human Beings."

His premise, in part, is that the exercise of power as a means of controlling our children and their behavior does not solve the underlying issues that cause the problematic behavior. Instead, leveraging the power imbalance with our children to control them usually exacerbates problems. It also teaches our children to attempt to use power to control others when they are able to do so.

The Egyptians attempted to use power as a means of subduing and controlling the Bnei Yisroel. It backfired. As they oppressed, so did they multiply, and so did they spread. It's what follows that's even more fascinating. As the Malbi"m explains, the frustration the Egyptians felt at the failure of their power to control the Bnei Yisroel was the cause of their great hatred of them. It is an all too common scenario as parents grapple with behaviorally challenged children. Without the proper tools in their parenting toolbox, parents will attempt to use power to control their child's behavior. When that fails, parents interpret that as defiance and chutzpah. That's when the sparks really begin to fly.

Greene argues that children do well if they can. Children with behavioral issues are usually aware of our expectations of them and actually want to

PARENTING & PARSHA



meet those expectations. Behavior problems arise when our expectations of children exceed their ability to meet those expectations. If a child lacks the ability to meet an expectation, no amount of pressure, incentive, or punishment will change that. It will only increase frustration and make the problem worse.

As Dr. Greene explains, a child's inability to meet a behavioral expectation is a form of developmental delay. Just as a child might be delayed in his ability to read or compute, a child can be delayed in his ability to share, to remain quiet, to keep his hands off his siblings, or to follow parental instructions.

If power doesn't work, and a child's behavior is unacceptable, is there an alternative? Dr. Greene believes there is. His solution lies in collaborative parenting, where the child takes part in solving the problem. In the Dr. Greene approach, there are three crucial steps to solving children's behavioral issues.

The first step is what he refers to as the Empathy step. This is where the adult gathers information from the child with regard to the unmet expectation and/ or underlying problem that leads to the unmet expectation. This information gathering must be done impartially and nonjudgmentally. It requires time, patience, and a willingness to listen. Don't offer answers to the child in order to move things along. You want the child to really focus on what's bothering him. Usually, we adults assume we understand the problem and simply jump to the step of trying to solve it. Our children have valuable information about the problem that is often far different from our assumption.

Step two is the Define Adult Concerns step. That is where the adult explains what he needs from

the child. What are the expectations? How is the failure to meet the expectations affecting the child? The family? Here is where you express to the child your concern about the issue. (After you have earned the child's trust by listening to his concerns, he is more willing to listen to yours.)

The third step is the invitation, where you work collaboratively with the child to find a solution that will address both your concern and his. You are looking for a mutually agreeable, realistic, and durable solution that will address all concerns. Otherwise, any solution is doomed to fail. Don't impose the solution. Work with the child to develop it together.

The Ross Greene approach is not magic. It will not solve any problems immediately, and you will need to know much more about it than this little summary in order to implement it properly. But, if you are a parent who believes that you may have to deal with behavioral issues with your children as you raise them, it behooves you to familiarize yourself with Dr. Greene and his approach. After all, you are raising human beings.



פרשת שמות



This weeks שנים מקרא ואחד תרגום program is sponsored by Dr. & Mrs. B. Steinman

In honor of our son Yosef Ahron's birthday!

We would like to thank
the hanhala, rebbeim, teachers and staff,
who put in so much effort
to create a wonderful and learning environment
for the tamidei hayeshiva

THE REST of the פרשיות of this year are still available for sponsorship!
Please help support this wonderful program.

Monthly (4 weeks) sponsorship: \$220 One week full sponsorship: \$60 One week partial sponsorship: \$35

> To sponsor a פרשה please contact Rabbi Plotzker. bplotzker@ohrreuven.com

First	Last
	Name of תלמיד (Please Print Clearly)
!!WEEKLY PRIZES!!	
☐ 1 st	Grade — 5 פסוקים (welcome 1st grade!!)
\square 2 nd G	Grade – 10 פסוקים
\square 3 rd Grade – 15 פסוקים	
□ 4 th Grade – 20 פסוקים	
□ 5 th Grade – 25 פסוקים	
□ 6 th Grade – 30 פסוקים	
□ 7 th Grade – 40 פסוקים	
□ 8 th G	rade – 50 פסוקים
I I	son completed שנים מקרא ואחד תרגום for
เกเรา	in the amount specified for his class.
☐ Bonus: Did double the grade required amount!	
	Parent's signature

