

UPCOMING EVENTS

Monday March 11, 2024

YK Carnival Day

Thursday March 21, 2024

Taanis Esther
Dismissal K: 12:00,
P-8:12:30
No Suffern Central
Transportation

Friday March 22, 2024

YK Dress Up Day

Sunday - Monday March 24-25 2024

Purim & Shushan Purim No Sessions

Friday March 29, 2024

No Transportation

IMPORTANT UPDATES

Used book donations are still needed for our school library



REUVEN REVEN

YOUR WINDOW INTO THE WORLD OF YESHIVA KETANA OHR REUVEN

Vol. 11 Issue 22

March 1st, 2024

5:29 PM

פרשת כי תשא







Mazal Tov to our Menahel, Rabbi & Mrs. Rawicki on the chasuna of their daughter!



3rd grade enjoying our library



Rabbi Prupas' 7th grade having Rita's for reaching a class goal



DID YOU SEE THE EMAILS REGARDING TRANSPORTATION?

For the email including details about applying for transportation for the first time click HERE For the email including details about renewing transportation click HERE





Rabbi Peikes' class raffled off dollar bills for finishing the 1st perek of *makkos* and other accomplishments.



7th grade boys who reviewed Hachovel 25 times (175 daf chazarah!!) went to KC Grill this past week

PLEASE SHARE WITH US! Please email any Mazel Tov information to reuvenreview@ohrreuven.com!

HAPPY BIRTHDAY!

Uzi Kurzman, 7th Yomo Gutman, 5th Dov Kelman, 1st





Alumni Melava Malka





Ms. Paretzky's sixth grade writing away as they create their original works of fiction





8th grade trip to Kosher Castle for the Chumash honors siyum on ספר בראשית





Mrs. Radzik's math group celebrating finishing their second Math booklet with roasted marshmallows and an award

MAZEL TOV!

Rabbi Grohman and Moshe Tzvi Grohman on his Bar Mitzvah! Yosef Friedman on his Bar Mitzvah!





Rabbi Vilinsky speaking to Rabbi Myski's 1st grade boys during their siyum



Rabbi Biller's 2nd graders rejoice and dance upon the completion of Parshas Vayeira



Morah Jenny's K1's bulliten board

PARENTING PARSHA



כי תשא

Separation Anxiety

ויַּרָא הָעֶּׁם כִּי־בֹשֵׁשׁ מֹשֶׁה לֶרֶדֶת מִן־הָהֶר וַיִּקְהֵּל הָעָּם עַל־אַהָרֹן וַיּאֹמְרָוּ אֵלְיוֹ קּוּם וֹ עֲשֵׂה־לֶנוּ אֱלֹהִים אֲשֶׁר יֵלְכוּ לְפָנֵׁינוּ כִּי־זֵה וֹ מֹשֵׁה הָאִישׁ אֲשֵׁר הֵעֵלֶנוּ מֵאֱרֵץ מִצְרַיִם לְא יָדַעְנוּ מֵה־הָיָה לְוֹ:

When the people saw that Moses was so long in coming down from the mountain, the people gathered against Aaron and said to him, "Come, make us a god who shall go before us, for that man Moses, who brought us from the land of Egypt—we do not know what has happened to him."

ּפְּשֶׁעָלָה מֹשֶׁה לָהָר אָמֵר לָהֶם לְסוֹף אַרְבָּעִים יוֹם אֲנִי בָּא בְּתוֹךְ שֵׁשׁ שָׁעוֹת, כִּסְבוּרִים הֵם שֶׁאוֹתוֹ יוֹם שֶׁעָלָה מִן הַמִּנְיָן הוּא אָמַר לָהֶם שְׁלֵמִים – אַרְבָּעִים יוֹם וְלֵילוֹ עִמּוֹ – וְיוֹם עֲלִיָּתוֹ אֵין לֵילוֹ עִמּוֹ, שֶׁהֲרֵי בְז' בְּסִיוָן עָלָה, נִמְצָא יוֹם אַרְבָּעִה דְּמוּת חֹשֶׁךְ וַאֲפֵלָה וְעִרְבּוּבְיָה, לוֹמֵר וַדְּאי מֵת אַרְבָּעִה בְּשִׁרְה עָשָׂר בְּתַמּוּז. בִּי"ו בָּא שְׁטָן וְעִרְבֵּב אֶת הָעוֹלְם, וְהֶרְאָה דְּמוּת חֹשֶׁךְ וַאֲפֵלָה וְעִרְבּוּבְיָה, לוֹמֵר וַדְּאי מֵת מֹשֶׁה, שֵׁכְּבֶר בָּאוּ שֵׁשׁעוֹת וְלֹא בָּא וְכוּי' מֹשֶׁה לְכָךְ בָּא עַרְבּוּבְיָא לְעוֹלְם, אָמֵר לְהָם מֵת מֹשֶׁה, שֵׁכְּבָר בָּאוּ שֵּׁשׁ שְׁעוֹת וְלֹא בָּא וְכוּ

when Moses ascended the mountain he said to them "at the end of a period of forty days I shall return during the first six hours of the day". They thought that the day on which he ascended the mountain was to be included in this number. In fact, however, he had said to them "after forty days" meaning complete days — forty days, each day together with its night that precedes it. Now, as regards the day of this ascent, its night was not part of it that it can be reckoned as a complete day, for he ascended on the seventh of Sivan early in the morning; it follows therefore that the fortieth day really fell on the seventeenth of Tammuz and not as the people had believed on the sixteenth. On the sixteenth of Tammuz Satan came and threw the world into confusion, giving it the appearance of darkness, gloom and disorder that people should say: "Surely Moses is dead, and that is why confusion has come into the world!" He said to them, "Yes, Moses is dead, for six hours has already come (בא שש = בשש ב) and he has not returned etc."

Good night, good night! Parting is such sweet sorrow, that I shall say good night till it be morrow

Romeo and Juliet, Act 2, Scene 2

Imagine for a moment that you have been led out by a guide for a wilderness trek. You are totally dependent on that guide. You have no ability to navigate, no way to procure food or water, and no means of finding shelter without that guide. Now, picture your imaginary guide stepping away from you for a time. "Wait here," he says, "I'll be back in an hour." You wait. An hour passes. He is not back. Another hour passes. He's still not back! Starting to get nervous? I would think so. Welcome to the world of the helpless child.

When we think about the *chet ha'egel*, we often fail to view it in context. That failure leads to many questions and expositions on the event that are resolved by simply seeing the context.

Rav Yakov Kamenetsky in the *Emes* L'Yaakov provides that context. The *B'nei Yisroel*, on blind faith, had followed Moshe *Rabbeinu* into the desert with a thirty-day supply of *matza* and the clothes on their backs. They were a stateless people, having given up any possibility of returning to Egypt, the only home they had known, and were riding a promise that Moshe was going to lead them into the Promised Land and conquer the mighty city states that now dominated that land. In that desert, Moshe miraculously provided them with water, with food, and with shelter. And now, he was gone.

600,000 men, heads of households, had brought their families into this wilderness on Moshe's promises. Now they had hungry children they

PARENTING PARSHA



would need to feed, families to shelter, and a a need for a permanent solution to this now stateless people. Is it any wonder that they reverted to the only comfort they had known over the last two Egyptian centuries?

That feeling of complete helplessness pretty much sums up a child's existence. A young child is completely dependent on his parents for his food, his shelter, his safety, and every aspect of life. When that child fears that he and that parent have been separated, is it any wonder that panic may set in?

Separation anxiety is a normal part of child development. From the time a child is around one-year-old, and capable of recognizing his primary caregiver, that child may experience fear and distress when apart from that caregiver. Normally, children will outgrow separation anxiety by four or five years of age (some take longer), but there are some things that you can do in the meantime to help a struggling child.

Start by becoming aware of your own separation anxiety. If you are anxious as you prepare to drop your child off at day care, pre-school, or camp, you are likely to project that anxiety to your child. The child will conclude that there is reason to be anxious about the upcoming separation and will become upset and nervous. First, master your anxiety, and you will be able to master his.

Take small steps. Let go of your child a little bit at a time, offering him opportunities to be separate from you. Too much togetherness is stifling and unhealthy. Gradually increase the amount of time you leave the child in the care of others, helping him become accustomed to his independence.

Develop a brief goodbye ritual. Long goodbyes extend the pain and induce panic. Regular rituals are comforting and reassuring. Have a regular,

consistent, quick, goodbye ritual as you take leave of your child. Once you let him go, don't linger to watch if he is OK. You'll make him think there's reason to be worried.

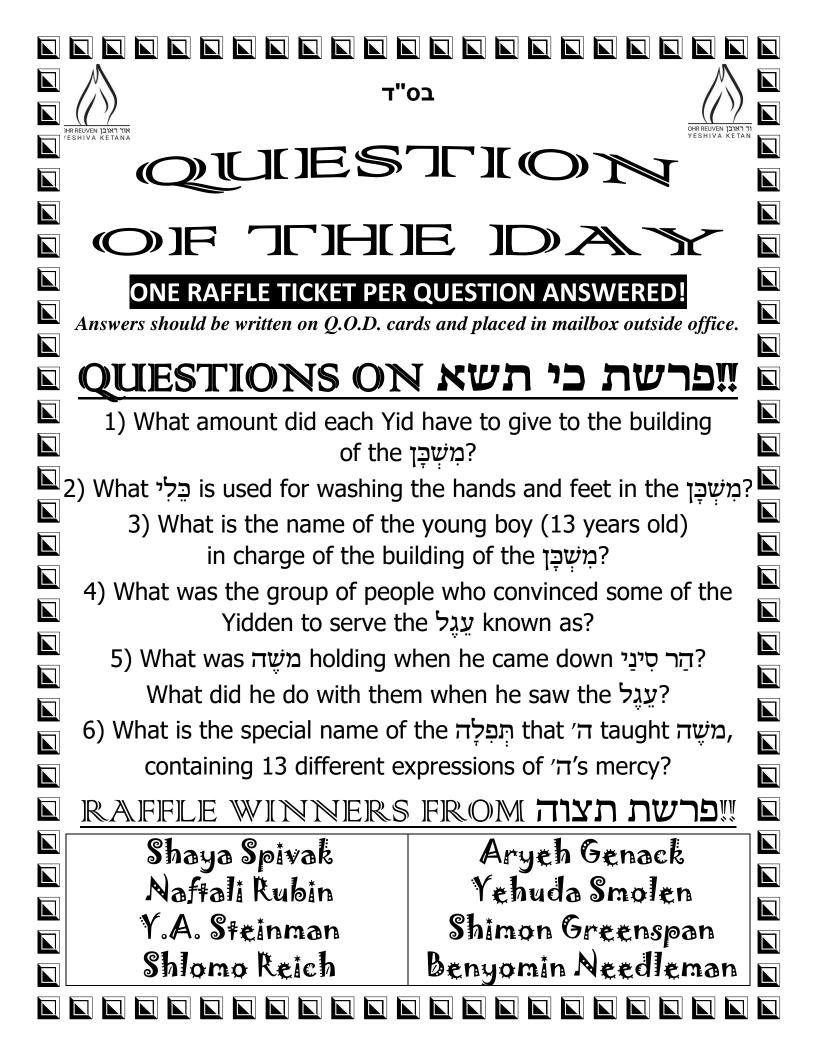
Have your child bring along a piece of home with him. Together, pick out a special item that he can keep with him when he is away from you that will remind him of you and of home, allowing him to feel connected even when he is not with you.

Be conscious of topics that you discuss in front of your children. In our age of information overload, we are often unaware of who is in earshot when we talk, and often not sensitive enough to the age appropriateness of topics we expose our children too. Frightening or upsetting news may lead kids to fear that, if they are away from you, something bad will happen to you or to them. If your child displays sudden onset of separation anxiety, there may be an underlying fear he is dealing with. Try to figure out what that might be and comfort him.

Reassure your child. Prepare him in advance for what he will expect when he goes elsewhere. If possible, visit the new setting together with him in advance to make him comfortable in that new setting. Let him know that you can be reached in an emergency, and inform him when and how you will be picking him up. Kids want to know what will be happening to them.

Don't just ignore your child's anxiety and don't belittle him for having it. Validate his concerns. Let him know that you are aware that it is hard for him and that you will be back for him later.

Separation anxiety is natural and normal. If the generation that witnessed *kriyas Yam Suf* could be brought to the *chet ha'Egel* over the anxiety of being separated from their primary caregiver, can we expect more from a small child?





פרשת כי תשא



This weeks שנים מקרא ואחד תרגום program

is

not

yet

sponsored

THE REST of the פרשיות of this year are still available for sponsorship!
Please help support this wonderful program.

Monthly (4 weeks) sponsorship: \$220 One week full sponsorship: \$60 One week partial sponsorship: \$35

> To sponsor a פרשה please contact Rabbi Plotzker.

[
First Last
Name of תלמיד (Please Print Clearly)
!!WEEKLY PRIZES!!
\square 1 $^{ ext{st}}$ Grade $-$ 5 פסוקים
\square 2 nd Grade – 10 פסוקים
\square 3 rd Grade – פסוקים 3
\square 4 th Grade – 20 פטוקים
\square 5 th Grade – 25 פסוקים
\square 6 th Grade $-$ 30 פסוקים
\square 7 th Grade – 40 פסוקים
\square 8 th Grade – 50 פסוקים
My son completed שנים מקרא ואחד תרגום for this פרשה in the amount specified for his class.
\square Bonus: Did double the grade required amount!
Parent's signature